

Master CNA Indirect Care Skills Test

Perfect the 4 essential components that evaluators score on EVERY skill. These behaviors can cause test failure even when technical skills are performed correctly.

Critical Test Statistics

18% of first-time candidates fail certification exams due to indirect care oversights. 81.8% pass both written and skills on first attempt - don't be in the failing 1 in 5!

Memory Tool: GREET Framework

G-R-E-E-T

Greet resident • Respect privacy • Explain procedure • Ensure safety • Thank resident

Step 1: Communication & Explanation (Before Every Skill)

- Knock and wait for permission to enter
- Greet resident warmly and introduce yourself by name
- Explain the procedure you will perform before starting
- Ask about resident preferences and comfort level
- Speak respectfully throughout all interactions
- Address resident by their preferred name

Step 2: Infection Control Practices (During Every Skill)

- Perform hand hygiene before resident contact
- Use personal protective equipment correctly when required
- Prevent contamination during all procedures
- Remove gloves correctly using inside-out technique
- Perform hand hygiene after removing gloves
- Wash hands again before documentation or leaving room

Most Common Failure Points

Students often forget hand hygiene after glove removal, leave beds elevated, or skip final safety checks. These oversights cause automatic skill failure regardless of technical performance!

Step 3: Privacy & Dignity Protection (Throughout Care)

- Pull curtains or close doors before starting care
- Keep resident properly covered during procedures
- Expose only the area necessary for care
- Use respectful language and professional tone
- Honor resident choices when safely possible
- Maintain confidentiality about resident information

Step 4: Environmental Safety (After Every Skill)

- Lower bed to lowest safe position
- Lock wheelchair and bed wheels when needed

- Place call light within resident's reach
- Ensure clear walkways and remove hazards
- Position side rails appropriately if used
- Clean up any spills or safety hazards immediately

Step 5: Post-COVID Enhanced Requirements

- Master PPE donning and doffing sequences
- Follow Enhanced Barrier Precautions when indicated
- Demonstrate gown and glove skills in care scenarios
- Practice infection control more strictly than pre-pandemic

Testing Provider Requirements

| Provider | Key Focus | Post-COVID Changes |
|------------|------------------------------|----------------------------|
| NNAAP | Systematic integration | Enhanced infection control |
| Prometric | Critical safety elements | Mandatory PPE skills |
| Headmaster | Enhanced Barrier Precautions | Gown/glove in scenarios |

Step 6: Testing Day Performance Strategy

- Create systematic checklists for each skill you'll be tested on
- Practice until indirect care behaviors become automatic
- Focus on resident care purpose, not just following rules
- Stay calm and complete remaining steps if you forget one
- Remember: evaluators follow checklists, not arbitrary judgments
- Thank the resident at the end of every care interaction

Daily Practice Schedule

Rehearse introductions and explanations daily. Practice hand hygiene timing until automatic. Memorize safety check sequences. Role-play privacy protection scenarios.

Remember: You Can Fail on Indirect Care Alone

Students can fail individual skills or the entire exam based solely on indirect care violations, even with perfect technical performance. This emphasizes how fundamental these behaviors are to patient safety.