

2-Week Intensive CNA Study Plan

Complete Day-by-Day Timeline

Best For: Just finished training, knowledge fresh, test scheduled soon, can dedicate 3-4 hours daily

Week 1: Written Focus (70% Written, 30% Skills)

Days	Focus	Tasks
Days 1-2	Diagnostic Phase	<ul style="list-style-type: none">• Take diagnostic practice test (untimed)• Identify weak domains• Create focused study list
Days 3-5	Deep Dive Weak Domains	<ul style="list-style-type: none">• Active recall on weak areas• Spaced repetition Day 1 topics• Create flashcards for problem areas
Days 6-7	Content Review + Skills Intro	<ul style="list-style-type: none">• Review all content domains• Begin skills practice (basic 5 skills)• Watch video demonstrations

Week 2: Skills Focus (30% Written, 70% Skills)

Days	Focus	Tasks
Days 8-10	Intensive Skills Practice	<ul style="list-style-type: none">• Practice all 21-25 skills• Use verbalization technique• Focus on critical steps mastery
Day 11	Full Practice Test	<ul style="list-style-type: none">• Timed practice test (closed-book)• Simulate real test conditions• Track time and confidence
Days 12-13	Error Analysis & Skills Test	<ul style="list-style-type: none">• Comprehensive error analysis• Targeted review of weak areas• Mock skills test under observation
Day 14	Final Preparation	<ul style="list-style-type: none">• Light review (no cramming)• Simulate test day routine• Rest and visualize success

Practice Test Schedule: Days 1, 11, 13

You're Ready When:

- 80%+ on final practice test
- Can perform all skills from memory
- Critical steps are automatic

Download the complete study guide at CNAClasses.com