

6-8 Week Extended Study Plan

Flexible Low-Pressure Timeline

Best For: Working full-time, need flexible schedule, 45-60 minutes daily available

Weeks 1-2: Diagnostic & Planning (70% Written, 30% Skills)

Week	Focus	Tasks
Week 1	Slow-Paced Assessment	<ul style="list-style-type: none">• Diagnostic assessment without rushing• Identify weak domains• Weekend: Basic skills practice (1-2 hours)
Week 2	Foundation Building	<ul style="list-style-type: none">• Begin weak domain study• Daily 45-min active recall• Weekend: Skills practice (2-3 hours)

Weeks 3-4: Content Mastery (60% Written, 40% Skills)

Week	Focus	Tasks
Week 3	Domain Deep Dive 1	<ul style="list-style-type: none">• Focus on one content domain• Daily 45-min sessions• Weekend: Skills lab (2-3 hours)
Week 4	Domain Deep Dive 2	<ul style="list-style-type: none">• Second major content domain• Continue spaced repetition• Weekend: Skills lab (2-3 hours)

Weeks 5-6: Skills Intensive (40% Written, 60% Skills)

Week	Focus	Tasks
Week 5	Skills Focus Week 1	<ul style="list-style-type: none">• Weekday: 30 min review + 30 min skills visualization• Weekend: 3-4 hour skills lab• Deliberate practice focus
Week 6	Skills Focus Week 2	<ul style="list-style-type: none">• Weekday: Review + visualization• Weekend: Extended practice session• Perfect critical steps

Weeks 7-8: Testing Phase (30% Written, 70% Skills)

Week	Focus	Tasks
Week 7	Practice Testing	<ul style="list-style-type: none"> • Weekend: Full practice test • Daily error review (30-45 min) • Targeted weak area study
Week 8	Final Week	<ul style="list-style-type: none"> • Mock exam conditions • Light review only • Rest and mental preparation

Practice Test Schedule: Week 2, 4, 6, 7, 8 weekends

You're Ready When:

- 85%+ on practice tests
- Skills performed automatically
- Work-life balance maintained

Download the complete study guide at CNAClasses.com